Oconomowoc Parks, Recreation & Forestry
2016 Fall-Winter Activities Brochure

REGISTRATION BEGINS AUG. 15

2016 Fall-Winter
City Newsletter Inside

Community

2017 REC FAIR

Find your fit

9 a.m. to 11 a.m. Saturday, March 18 at the Oconomowoc Community Center
Free Stuff ● Giveaways ● Kid's Activities
Oconomowoc Rec , Oconomowoc Schools, Clubs & More!

Celebrate on the lake!

Enjoy the best view of Lac La Belle in the upper hall of the Oconomowoc Community Center. The premiere destination in Oconomowoc for weddings, showers, birthdays, corporate events and more.

www.oconomowoc-wi.gov/communitycenter

Department Information

Contact Us

Parks, Recreation & Forestry Department
220 W. Wisconsin Ave
Oconomowoc, WI 53066

Monday - Friday
8am - 5pm

PHONE: (262) 569-2199

FAX: (262) 569-3221

www.oconomowoc-wi.gov/parks

REGISTER ONLINE
apm.activecommunities.com/oconomowoc

Staff

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Parks & Forestry Superintendent
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Administrative Assistant
Jennifer Clayton

Parks and Recreation Board Members

Joseph Moroni	President
Scott Antonneau	Vice President
Jeff Schmidt	Alderman
Matt Rosek	Alderman
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Denny Daggett	
James Hall	
Bruce White	

What's Inside

REGISTRATION INFORMATION 5-6
WAIVER 8
SOCCER 10
YOUTH ACTIVITIES 11
YOUTH SPORTS 12
ADVENTURE ROCK CLIMBING 13
DANCE 14-15
DANCE & BATON 16
TUMBLING & GYMNASTICS 17
CHILDREN'S ACTIVITIES 18
BRICKS 4 KIDZ 19
TENNIS 20-23
YOGA 24-25
ADULT FITNESS 26-27
PRESCHOOL ACTIVITIES 28
MUSIC & DANCE 29
OUTDOOR ACTIVITIES & ICE SKATING 30
SAFETY TRAINING & BASEBALL 31
LINE DANCING & SENIORS 32
PARKS INFORMATION 33
PARKS INDEX 34
PARKS MAP 35

Policy Information

Recreation Program Refunds

Canceled Programs:

- A full refund will be issued.
- Online credit card processing fees will not be refunded.

The City reserves the right to cancel or combine any activity due to insufficient registration or for any other reason that would prevent the department from providing a quality program. The Department will make every effort to make up classes canceled due to inclement weather. Facility availability or other factors may prohibit classes from being made up therefore the Department does not guarantee make-up classes.

Requesting a Refund:

- Refund requests must be submitted in writing at least one week prior to the start date and are subject to review.
- No refunds will be issued after the start of a program.
- A $10 processing fee will be assessed per person and per program.
- Online credit card processing fees will not be refunded.
- Refunds due to medical reasons will be prorated to reflect classes attended and direct costs to the department.
- Refund requests for contracted programs must be submitted ten days prior to the class start date.
- Trip registrations are non-refundable.

Missed Classes:

- Refunds will not be issued for individual classes missed.
- Missed classes will not be made up nor may the participants attend any other class in its place.

Non-Residents:

- The non-resident fee will be refunded in full.
- Yearly non-resident cards will not be refunded.

Receiving Your Refund:

- Accepted refund requests are processed through City Hall and a check will be mailed within two weeks.
- Credit card transactions will be credited to the card within two weeks.
- A refund can be credited to your Parks and Rec account.

Recreation Program Transfers

- Transfer requests must be made at least one week prior to the start date with the exception of level advancement determined by the instructor.
- A $10 processing fee will be assessed per person and per program excluding level advancement transfers.
- Transfers are subject to availability of the desired class.

Park Rental Refunds

Reservations canceled more than two business weeks from said reservation will be refunded the rental fee minus an administrative fee of $10. Reservations canceled less than two business weeks from said reservation will be refunded half of the rental fee amount. Refunds are not available at the time of cancellation. Reservations that are canceled due to inclement weather may be rescheduled upon request at no cost depending on availability of facilities.

LATE FEES AND REGISTRATION DEADLINES

- **Fall-Winter registration begins Aug. 15**

YOU HAVE OPTIONS!

1. **Register early and save. If noted, you can register in advance and pay a lower fee.**
2. **If there is no "early registration" deadline, regular registration deadlines are one week prior to the program start date unless noted otherwise.**

- **Late registrations will be accepted only if spots are available in the class and will be subject to an additional $10 late fee.**

EMPLOYMENT OPPORTUNITIES

Persons interested in working for the Parks, Recreation & Forestry Department can find information on current job openings or view the application process and complete the employment application form at www.oconomowoc-wi.gov.

PHOTO POLICY

For program promotion, photographs may be taken of participants. If you do not wish to have your photo taken, please notify the photographer or class instructor. Photographs will be shared on city social media sites, the city website and in department promotional materials.

ANTI-DISCRIMINATION POLICY

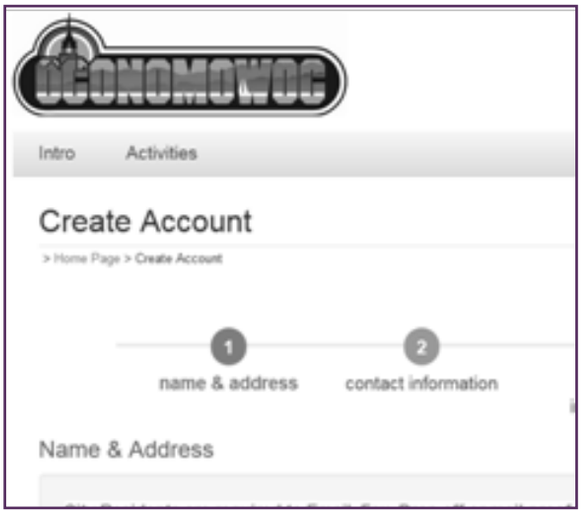
It is the policy of the City of Oconomowoc Parks, Recreation & Forestry Department that no person shall be excluded from participation or subjected to discrimination on the basis of race, color, national origin, age, sex or religion.

INFORMATION DISCLAIMER

Information in this brochure is subject to change without notice.
The Oconomowoc Parks, Recreation & Forestry Department is not responsible for errors nor omissions.
Please speak with Parks, Recreation & Forestry Department associates for the most up-to-date information.

Registration Information

To get started in our recreation programs ...



Create an account for you and your family

1. Go to

www.apm.activecommunities.com/Oconomowoc

2. Fill in your information.

3. Wait for verification.

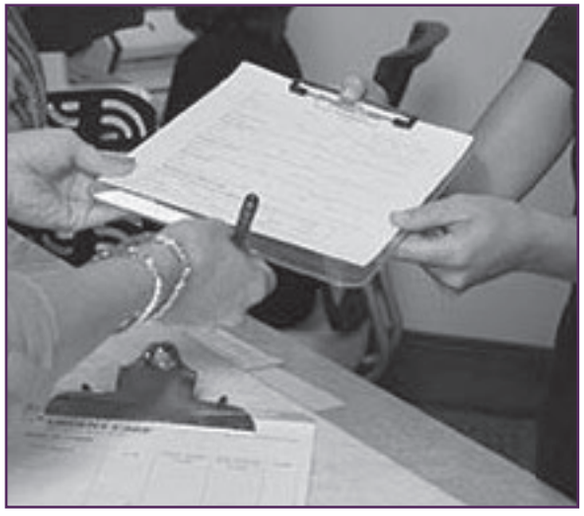
Accounts can only be verified during business hours.
Business hours are 8 a.m. to 5 p.m. Monday through Friday.
***If you create an account on the weekend, it cannot be verified and used until Monday**

After your account is verified you can:

1. Search for classes by keywords or categories, for example, "tennis"

2. Register online at www.apm.activecommunities.com/Oconomowoc

3. Pay with a credit card. A service fee will apply that is a percentage of your total.



You can also register <u>in person</u> at the Parks, Recreation and Forestry Department, 220 W. Wisconsin Ave., during business hours, 8 a.m. to 5 p.m. Monday through Friday.

<u>Check or cash only</u>

Registration for 2016 Fall-Winter Programs Begins Aug. 15

Registration Information

You can sign up online! Visit apm.activecommunities.com/Oconomowoc

Complete the following forms (forms also available at www.oconomowoc-wi.gov)

1. Customer Account Application *New customers only (page 8)
2. Registration Form (page 7)
   - Include non-resident fees if applicable (See residency policy below)
   - Include a $10 late fee if applicable (see page 4)
   - Make checks payable to "OPRD"
   - Receipts will be emailed. Provide a self-addressed stamped envelope to receive a paper copy.
3. Waiver (page 9)

Registration for summer classes begins Aug. 15

Return forms and payment by mail, drop box, or in person at:

Oconomowoc Parks, Recreation & Forestry Department
220 W. Wisconsin Avenue

Office Hours: Monday-Friday from 8am-5pm
24 hour Drop Box outside front doors

No Phone Registrations

RESIDENCY POLICIES

RESIDENTS Residents are those who reside in the city and pay City of Oconomowoc taxes.

NON-RESIDENTS Individuals who reside outside the City of Oconomowoc.
This includes the Town of Oconomowoc.

PROGRAMS HELD ON CITY PROPERTY

When a program is held on City Property (Community Center, Park, Beach, etc.), non-residents must pay a non-resident fee in addition to the program fee.

PROGRAMS HELD ON SCHOOL DISTRICT PROPERTY

When a program is held on school district property (Park Lawn, High School, etc.) those residing outside of the school district must pay an out of district fee in addition to the program fee.

NON-RESIDENT FEES ARE PER PROGRAM

Non-residents may choose to pay a per-program non-resident fee calculated as an additional 50% of the program fee. The additional fee will not exceed $25 per program.

NON-RESIDENT YEARLY FEE

Non-residents may choose to purchase a yearly membership card for $50 per person or $150 per family plus tax. All family members must reside at the same address. The yearly membership card expires one year from date of issuance as the date corresponds with the start of the program.

EXCEPTIONS

Season swimming bands will require a $25 non-resident fee per person in addition to the band fee.
Adult team programs with a non-resident team will not be eligible for the per program option and must pay the $50 plus tax non-resident fee.
City park and shelter rentals will require a non-resident fee of $50 plus tax in addition to the rental fee.

Registration Form

Activity Payer

PLEASE DO NOT LEAVE ANY BLANKS

NAME _____

PHONE _____ EMAIL _____

NEW CUSTOMER? ALSO COMPLETE THE CUSTOMER ACCOUNT APPLICATION ON THE NEXT PAGE

Activity Participants

NAME _____ AGE _____ BIRTHDATE _____ SEX _____ GRADE _____

T-SHIRT SIZE _____

SCHOOL _____

NOTES _____

COACHING _____

ACTIVITY NAME _____

DAY/TIME _____

SESSION DATES _____

ACTIVITY FEE (PER SESSION) _____

N.R. FEE _____ N.R. #(IF APPLICABLE) _____

TOTAL FEE _____

Photos may be taken for promotional use only

Sign a waiver for each participant and program.

NAME _____ AGE _____ BIRTHDATE _____ SEX _____ GRADE _____

T-SHIRT SIZE _____

SCHOOL _____

NOTES _____

COACHING _____

ACTIVITY NAME _____

DAY/TIME _____

SESSION DATES _____

ACTIVITY FEE (PER SESSION) _____

N.R. FEE _____ N.R. #(IF APPLICABLE) _____

TOTAL FEE _____

Photos may be taken for promotional use only

Sign a waiver for each participant and program.

Waiver

WAIVER AND RELEASE OF LIABILITY AND INDEMNITY AGREEMENT

In conclusion of being permitted to enroll and participate in the_____ program to be conducted on City of Oconomowoc premises, and to accept City services and attend said program for any purpose, including but not limited to observation, or use of facilities or equipment, or participation in said program, without respect to location, the undersigned, for himself/herself and any personal representatives, heirs and next of kin, hereby acknowledges, agrees and represents that he/she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities and the program. It is further warranted that such entry onto and into the City of Oconomowoc premises for observation or use of facilities and equipment thereon or affiliated programs have been inspected and carefully considered, and that the undersigned finds and accepts the same as being safe and reasonably suited for the purpose of such observation, use or participation.

In further consideration of being permitted to participate in the aforementioned program for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the aforementioned program, without respect to location, the undersigned hereby agrees to the following:

- The undersigned hereby releases, waives, discharges, and covenants not to sue the City of Oconomowoc, its officers, employees and agents (hereinafter referred to as "Releasees") from all liability to the undersigned, his/her personal representatives, assigns, heirs and next of kin for any loss or damage and any claims or demands therefor on account of injury to the person or property resulting in the death of the undersigned, whether caused by the negligence of Releasees or otherwise while the undersigned is in, upon or about the premises or any facilities or equipment therein, or participating in any program affiliated with the City without respect to location.

- The undersigned hereby agrees to indemnify and save and hold harmless the Releasees and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned in, upon or about the City premises or in any way observing or using any facilities or equipment of the City or participating in any program affiliated with the City, whether caused by the negligence of the Releasees or otherwise.

- The undersigned hereby assumes full responsibility for and risk of bodily injury, death or property damage due to negligence of Releasees or otherwise while in, about or upon the premises of the City and/or while using the premises or any facilities or equipment thereon, or participating in any program affiliated with the City program.

- The undersigned further expressly agrees that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by the laws of the State of Wisconsin, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

- The undersigned has read and voluntarily signed the release and waiver of liability and indemnity agreement and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

Dated: _____

_____
Participant's Signature

_____
Print Name

For Parents/Guardians:
This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees and, for myself, my heirs, assigns and next kin, release and agree to indemnify the Releasees from any and all liability incident to my minor child's involvement or participation in the above program, even if arising from negligence of the Releasees. This release includes all costs for medical treatment for which I and my spouse are responsible.

Dated: _____

_____
Parent/Guardian Signature

_____
Print Name

Customer Account Application

We recommend creating an account online at apm.activecommunities.com/Oconomowoc

If you do not create an online account, please complete this form and return it to the Parks, Recreation & Forestry Department ***City Residents are required to Email, Fax, Drop off or Mail proof of residency in the form of a Tax or Utility bill only.***

Oconomowoc Parks, Recreation & Forestry Department
220 W. Wisconsin Avenue - Oconomowoc, WI 53066
Phone: (262) 569-2199 Fax: (262) 569-3221
Office Hours: Monday-Friday from 8am-5pm
24 hour Drop Box outside front doors

HEAD OF HOUSEHOLD				
Name	Age	Birth Date	Sex	
Address		City		Zip
Home Phone		Email		
Cell Phone	Cell Phone Carrier*		Role in Family	**Adult**
Name	Age	Birth Date	Sex	
Address		City		Zip
Home Phone		Email		
Cell Phone	Cell Phone Carrier*		Role in Family	**Adult**

By providing your cell phone carrier you agree to receive text messages from the Oconomowoc Community Center

City Residents must include a tax or utility bill

FAMILY MEMBERS				
Name	Age	Birth Date	Sex	Grade
Notes:				
Name	Age	Birth Date	Sex	Grade
Notes:				
Name	Age	Birth Date	Sex	Grade
Notes:				
Name	Age	Birth Date	Sex	Grade
Notes:				
Name	Age	Birth Date	Sex	Grade
Notes:				

Soccer

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

FALL-WINTER INDOOR SOCCER

Saturdays - Silver Lake Intermediate School Gym

Session I: Sept. 10-Oct. 8
Session I: Early Registration: By Aug. 27
Regular Registration: By Sept. 3

Session II: Apr. 22-May 20
Session II: Early Registration: By Apr. 8
Regular Registration: By Apr. 15
Sign up early, classes fill up fast!

PEE WEE KICKERS (Ages 3-4)

Your kickers will get to play with others their age while learning the elementary skills of soccer and sportsmanship in this indoor soccer program.
Parent participation is encouraged.

Age 3	9:30-10 a.m.
Age 4	10:15-10:45 a.m.

EARLY REGISTRATION FEE: $25/resident; $37.50/out of district
Regular Registration: $35/resident; $47.50/out of district

KINDER KICKERS (Ages 5-6)

Introduction to the game of indoor soccer for your child. Your kickers will get to play with others their age while learning the elementary skills of soccer and sportsmanship.

Age 5	11-11:45 a.m.
Age 6	12-12:45 p.m.

EARLY REGISTRATION FEE: $35/resident; $52.50/out of district
Regular Registration: $45/resident; $62.50/out of district

INDOOR SOCCER (Grades 1-2)

Fundamentals of soccer will be taught and used in game play. An indoor soccer ball is used.

Grades 1-2	8:15-9:15 a.m.

EARLY REGISTRATION FEE: $40/resident; 60/out of district
Regular Registration: $50/resident; $70/out of district

OUTDOOR SOCCER (Ages 4-9)

The KidsSports soccer program is designed to introduce the game of soccer in a fun but challenging environment. Instructors will teach proper soccer skills like dribbling, passing, trapping, shooting, defending as well as other basic soccer concepts such as rules. Class consists of energized age-appropriate games and activities each week along with organized actual small-sided matches with other teams within the group.

Wednesdays Chaffee Park

Sept. 7-Sept. 28

Ages 4-5	4:20-5 p.m.
Ages 6-7	5:10-5:50 p.m.
Ages 8-9	5:50-6:30 p.m.

EARLY REGISTRATION: $48/resident; $72/nonresident
Register by Aug. 24
Regular Registration: $58/resident; $82/nonresident
Register by Aug. 31

FUTSAL SOCCER CAMP (Ages 4-9)

KidsSports Futsal is a variation of soccer that is usually played inside on gym floors and heavily emphasizes touch, movement and individual skill. It uses a different type of ball that is smaller and heavier. The camp consists of three sections consisting of individual based skills and activities, small group exercises and large group scrimmages. We will culminate with a tournament on the last day.

Saturdays Dec. 3, 10 & 17 Silver Lake Intermediate School

Ages 4-6: 8:30-10:50 a.m.
Ages 7-9: 11 a.m.-1:20 p.m.

EARLY REGISTRATION: $72/resident; $97/out of district
Register by Nov. 19
Regular Registration: $82/resident; $107/out of district
Register by Nov. 26

Join Fall & Winter Junior Tennis Lessons!
PAGE 20

STERLING MAINZ
Lic. Mp0004049
Plumbing • Water Heaters
Pumps • Water Softeners
114 S. Main St., Oconomowoc
(262) 567-4478

Youth Activities

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

LACROSSE (Ages 6-9)

The KidsSports Lacrosse program is designed to introduce the growing sport of lacrosse in a fun but challenging environment. Children will be taught the basic offensive skills like ground ball, passing, catching, shooting and dodging. Defensive essentials like footwork and team defense using fun, age appropriate drills, games and activities will also be taught.

Tuesdays 5:10-6 p.m. Sept. 6-27 Chaffee Park

EARLY REGISTRATION FEE: $53/resident; $78/nonresident
Register by Aug. 23

Regular Registration: $63/resident; $88/nonresident
Register by Aug. 30

LACROSSE CLINIC (Grade 2-12)

Learn to play Lacrosse. Coaches and volunteers from the OHS Lacrosse team will run a hands-on clinic which includes skills, drills and games. All ages are welcome for both boys and girls. Spring Lacrosse leagues are forming for grades 2-12.

Saturday Oct. 15 Silver Lake
9-11 a.m. Intermediate School

$5/resident; $7.50/out of district
No early registration fee for this program
Register by Oct. 8

KICKBALL (Ages 3-5)

This program uses the game of kickball to develop basic skills of base-running, catching, throwing as well as teamwork, sportsmanship and overall coordination. Children will work on these skills while playing the game of kickball.

Saturdays Jan. 7-Feb. 11 Silver Lake
8:30-9:15 a.m. Intermediate School

EARLY REGISTRATION FEE: $30/resident; $45/out of district
Register by Dec. 24

Regular Registration: $40/resident; $55/out of district
Register by Dec. 31

FLAG FOOTBALL (Ages 3-5)

The KidsSports SportsStart Flag Football program is a child development program created to introduce the game of football. Classes will use developmentally appropriate games and equipment to introduce important football skills such as throwing, receiving, running, blocking, defending, kicking, and punting.

Tuesdays 4:20-5 p.m. Chaffee Park
Sept. 6-Sept. 27

EARLY REGISTRATION: $48/resident; $72/nonresident
Register By Aug. 23

Regular Registration: $58/resident; $83/nonresident
Register By Aug. 30

KIDS ZUMBA (Grades 5-8)

Kids will learn dances in broken down steps while incorporating teamwork and cultural elements into their learning. Your kids will get active and jam out all while boosting their confidence and creativity.

Thursdays 4:30-5:30 p.m. Dance Studio

Fall I: Sept. 8-Oct. 20
EARLY REGISTRATION FEE: $42/resident; $63/nonresident
Register by Aug. 25
Regular Registration: $52/resident; $73/nonresident
Register by Sept. 2

Winter I: Jan. 5-Feb. 16
EARLY REGISTRATION FEE: $42/resident; $63/nonresident
Register by Dec. 22
Regular Registration: $52/resident; $73/nonresident
Register by Dec. 29

Winter II: Feb. 25-Apr. 7
EARLY REGISTRATION FEE: $42/resident; $63/nonresident
Register by Feb. 11
Regular Registration: $52/resident; $73/nonresident
Register by Feb. 18

Youth Sports

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

GOLF (Ages 4-9)

The KidsSports Golf program focuses on golf introduction and skill development. It is designed to introduce and develop in beginning players, key golf concepts primarily focused on form, approach, swing, club introduction, drive, irons, chip, putt etc.
Focus will be on building a basic foundation for players to move to playing at the next level. Non-golf course space will be utilized with a focus on gaining a basic understanding.

Saturdays Chaffee Park
Sept. 10-Oct. 1 (rain date Oct. 8)

Ages 4-6 1-1:50 p.m.
Ages 7-9 2-2:50 p.m.

EARLY REGISTRATION: $48/resident; $72/nonresident
Register by Aug. 27
Regular Registration: $58/resident; $82/nonresident
Register by Sept. 3

SPORTSTART (Ages 3-5)

The KidsSports SportStart Program introduces children to sports through sport concepts like throwing, catching, hitting, jumping, bouncing and more using fun and unique skill-building games and activities.

Saturdays 10:20-11 a.m. Community Center

Fall: Oct. 22-Nov. 19
EARLY REGISTRATION: $48/resident; $72/nonresident
Register by Oct. 8
Regular Registration: $58/resident; $82/nonresident
Register by Oct. 15

Winter: Jan. 28-Feb. 25
EARLY REGISTRATION: $48/resident; $72/nonresident
Register by Jan. 14
Regular Registration: $58/resident; $82/nonresident
Register by Jan. 21

BASKETBALL (K-4th grade)

Players will be introduced to the basics of basketball and learn the skills of dribbling and shooting the ball through various drills, offense and defense. Mini games will be played to help learn the fundamentals.

Saturdays Jan. 7-Feb. 11 Silver Lake Intermediate School

Kindergarten (Ages 5-6) 9:30-10:15 a.m.
Grades 1-2 10:15-11:15 a.m.
Grades 3-4 11:15-12:15 p.m.

Kindergarten
EARLY REGISTRATION FEE: $35/resident; 52.50/out of district
Register by Dec. 13
Regular Registration: $45/resident; $62.50/out of district
Register by Dec. 20

Grades 1-4
EARLY REGISTRATION FEE: $40/resident; 60/out of district
Register by Dec. 13
Regular Registration: $50/resident; $70/out of district
Register by Dec. 20

SPORTSFIT (Ages 6-9)

The KidsSports SportsFit program introduces kids of any physical ability to training principles and fitness techniques within a group setting. Designed to be fun, informative and challenging to build healthier and more confident children by using games focused on speed, agility & jump, strength & power, quickness & reaction and overall cardiovascular & muscle endurance.

Saturdays 9:30-10:10 a.m. Community Center

Fall: Oct. 22-Nov. 19
EARLY REGISTRATION: $54/resident; $79/nonresident
Register by Oct. 8
Regular Registration: $64/resident; $89/nonresident
Register by Oct. 15

Winter: Jan. 28-Feb. 25
EARLY REGISTRATION: $54/resident; $79/nonresident
Register by Jan. 14
Regular Registration: $64/resident; $89/nonresident
Register by Jan. 21

Adventure Rock Climbing

ADVENTURE ROCK Brookfield

Oconomowoc Rec has teamed with Adventure Rock climbing gym to offer climbing classes at the Brookfield location at 21250 West Capitol Drive.

GROUP CLIMBING CLASS (Ages 9 and Up)

Learn how to put on a harness properly and use auto-belay stations while you pick up basic climbing techniques. After orientation, climbers are let loose to explore all of the auto-belay stations throughout the facility which range from easy to darn hard, so climbers can challenge themselves no matter their skill level.

7-9 p.m.
Second Friday of every month September through June

Fee: $15

WEE CLIMB CLASS (Ages 6-8)

Skilled coaches build confidence in your child introducing them to the sport they can enjoy for a lifetime. Parents are welcome to participate or drop off children as they burn up their endless energy.

Saturdays	9-10:15 a.m.
Session I	Sept. 24-Oct. 29
Session II	Nov. 12-Dec. 17
Session III	Jan. 7-Feb. 18 (No class Jan. 28)
Session IV	March 4-April 8
Session V	April 22-May 27
Thursdays	4:30-5:45 p.m.
Session I	Oct. 6-Nov. 10
Session II	Dec. 1-Jan. 5
Session III	Jan. 12-Feb. 23 (No class Jan. 26)
Session IV	March 2-April 6
Session V	April 20-May 25

EARLY REGISTRATION FEE: $100
The Early Registration deadline is two weeks prior to session start date. After that, the class rate goes up $10

FIRST ASCENT CLASS (Ages 9-14)

Adventure Rock coaches focus on teaching kids the wide variety of skills required to become proficient in the sport. Children will have the opportunity to climb and work with advanced climbers.

Saturdays	10:30-11:45 a.m.
Session I	Sept. 24-Oct. 29
Session II	Nov. 12-Dec. 17
Session III	Jan. 7-Feb. 18 (No class Jan. 28)
Session IV	March 4-April 8
Session V	April 22-May 27
Tuesdays	4:30-5:45 p.m.
Session I	Oct. 4-Nov. 8
Session II	Nov. 29-Jan. 3
Session III	Jan. 10-Feb. 14
Session IV	Feb. 28-April 4
Session V	April 18-May 23

EARLY REGISTRATION FEE: $100
The Early Registration deadline is two weeks prior to session start date. After that, the class rate goes up $10

CLIMBING 101 (Ages 18 and Up)

Perfect for any adult looking for a new challenge. Learn the ins and outs of rock climbing through hands-on experience and discussion. You can practice what you've learned with your complimentary membership. Class also includes trip to climb outdoors at Devil's Lake State Park.

Mondays	6:30-9 p.m.
Session I	Sept. 26-Oct. 31
Session II	Nov. 7-Dec. 12
Session III	Jan. 9-Feb. 13
Session IV	Feb. 20-March 27
Session V	April 3-May 8
Session VI	May 15-June 19

EARLY REGISTRATION FEE: $125
The Early Registration deadline is two weeks prior to session start date. After that, the class rate goes up $10

Dance

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

To The Pointe
PERFORMING ARTS

TTP Academy is a group of experienced, professional dance educators who want to share their passion with all ages by offering affordable dance programs and recreation classes throughout the area. Additional fee will be paid to the instructor for costumes and recitals.

Brain Dance (Ages 2-12 month infants)

This class uses specially created patterned movements set to music that will help your baby build critical memory chains, called dendrites. Brain Dance was created by dance educator during masters and PhD work and is being used in all areas in education for infants.

TINY TOTS (Age 2 with caregiver)

Music, tempo, dance words, listening skills and becoming comfortable with the studio environment are goals of this class.

NEXT STEP (Ages 3-6)

Ages 3-4: This fun class will teach some basic dance terms, steps and combinations.
Ages 5-6: More involved steps and combinations.

AGELESS BALLET (Ages 18 and up)

This class is for everyone and adults 50 and up love it. Stay healthy in mind and body and get some great exercise. Like a regular ballet class, we start at the barre to warm up and strengthen muscles then move to center combinations and across the floor. Limited jumping and creation of combinations and mini-dances.

SO YOU CAN DANCE (Ages 18 and up)

A popular class for adults. You will learn new routines and styles every 3-5 weeks from Footloose to Phantom to Mama Mia to Inside Out.

Brain Dance (Ages 50 and up)

Music, dance, and special movement sequences help everyone keep their brain sharp and bodies healthy and in shape. But that's only part of what Brain Dance will do for you. It helps us keep the mind-body connection operating correctly as skilled dance educators teach various routines, to a variety of music. We get the brain firing quickly, the memory chains in tune, and the body synchronized.

BE-BOP FOR TOTS (Age 3)

Music, games and dance combine to help your 3-year-old grow. Students will learn to count to 5 in French, and first and second position. They will use gross motor skills. ***

PRIMARY DANCE I (Age 4)

A complete introduction to dance. Ballet positions, steps and concepts using French terms. Tap is introduced. Creative games and "play." ***

PRIMARY DANCE II (Age 5)

Similar to Primary Dance I but developed for 5-year-olds. More tap is used as students' control and knowledge increase. ***

BALLET & TAP (Age 6)

Students start with a barre warmup and move to center. Ballet and tap are taught. Teacher chooses which style will be used in the recital. ***

BALLET COMBO I (Ages 7-9)

A beginning level class with ballet, jazz and tap instruction. Students will perform in the annual recital at the end of the semester. ***

BALLET COMBO II (Ages 9-12)

For students with 2 to 5 years experience. Instruction in ballet and various styles of jazz. Students will perform in an annual recital at the end of the semester. ***

BALLET COMBO III (Ages 11-15)

For the intermediate student with 5 or more years experience. Ballet barre and floor work followed by jazz and tap. Students will perform in an annual recital at the end of the semester. ***

PRE-POINTE

This class is for experienced ballet students, and is an introduction to Pointe work using special pre-pointe shoes, exercises, and strengthening techniques. Admission to the class is through evaluation by the director. ***

HIP HOP (Ages 11-15)

Learn urban-style hip hop in this smooth, funky, high-energy fun class. This class is perfect for guys as well as girls. ***

***** These classes are eligible to perform in the annual recital. Must sign up for all three sessions.**

Dance

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

Academy Class Session Dates

Academy Classes are a full school year term from mid-Sept. through mid-May. Students are eligible to perform at the annual recital at the OAC the week of May 10-13.
MUST SIGN UP FOR ALL 3 SESSIONS TO BE ELIGIBLE

Fall	**Sept. 12-Nov. 17**
Winter	**Nov. 28-Feb. 23 (off Dec. 19-Jan. 5)**
Spring	**Feb. 27-May 18 (off Apr. 10-13)**

Mondays		
Hip Hop	4:15-5 p.m.	$110/R; $135/NR **per session**
Ballet Combo III	5-7 p.m.	$140/R; $165/NR **per session**
Tuesdays		
Ballet Combo I	4:15-5:30 p.m.	$120/R; $145/NR **per session**
Primary Dance II	5:35-6:05 p.m.	$100/R; $125/NR **per session**
Ballet & Tap	6:10-6:55 p.m.	$110/R; $135/NR **per session**
Wednesdays		
Primary Dance I	4:30-5 p.m.	$100/R; $125/NR **per session**
Ballet Combo II	5:05-6:35 p.m.	$130/R; $155/NR **per session**
Ballet III	6:40-7:40 p.m.	$120/R; $145/NR **per session**
Pre-pointe	7:45-8:15 p.m.	$120/R; $145/NR **per session**
Thursdays		
Be-Bop for Tots	4:15-4:45 p.m.	$100/R; $125/NR **per session**

Academy Classes are eligible for the recital. Students must take the class the full school term to be eligible for the recital.

Recreational Class Session Dates

Recreational classes are for those looking for an introduction to dance.

Fall	**Sept. 12-Oct. 13** ***Next Step classes Sept. 15-Nov. 17**
Winter	**Jan. 9-Feb. 9** *** Next Step classes Dec. 1-Feb. 23 (off Dec. 19-Jan. 5)**
Spring	**Feb. 27-Mar. 30 (off Apr. 10-13)** *** Next Step classes Mar. 2-May 18 (off Apr. 10-13)**

Mondays		
Ageless Ballet	7:10-7:55 p.m.	$55/R; $80/NR per session
Tuesdays		
So You Can Dance	7-7:45 p.m.	$55/R; $80/NR per session
Wednesdays		
Tiny Tots	9-9:30 a.m.	$40/R; $60/NR per session
Thursdays		
Brain Dance 2-4 month	9-9:30 a.m.	$50/R; $75/NR per session
Brain Dance 5-8 month	9:35-10:05 a.m.	$50/R; $75/NR per session
Brain Dance 9-12 month	10:10-10:40 a.m.	$50/R; $75/NR per session
Brain Dance 50+	11-11:30 a.m.	$50/R; $75/NR per session
Next Step 3-4 years	5-5:30 p.m.	$80/R; $105/NR per session
Next Step 5-6 years	5:35-6:05 p.m.	$80/R; $105/NR per session

We will offer dance camps this fall and winter. Watch for more information on the dance camps including a Sugar Plum Fairy Camp.

Dance & Baton

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

BATON (Age 5 & Up)

Learn different techniques of baton twirling while performing a rhythmic routine. Twirlers will perform in local parades. Baton is available for purchase at the first class.

Thursdays 6:15-6:45 p.m. Community Center
Fall I: Sept. 8-Oct. 13 (One day off TBD)
EARLY REGISTRATION FEE: $36/resident; $54/nonresident
Register by Aug. 25
Regular Registration: $46/resident; $64nonresident
Register by Sept. 1

Fall II: Oct. 27-Dec. 15 (off Oct. 20, Nov. 24 & 1 day TBD)
EARLY REGISTRATION FEE: $36/resident; $54/nonresident
Register by Oct. 13
Regular Registration: $46/resident; $64/nonresident
Register by Oct. 20

Winter I: Jan. 5-Mar. 9 (Two days off TBD)
EARLY REGISTRATION FEE: $48/resident; $72/nonresident
Register by Dec. 22
Regular Registration: $58/resident; $82/nonresident
Register by Dec. 29

Winter II: Mar. 16-May 25 (off Apr. 20; 3 days TBD)
EARLY REGISTRATION FEE: $48/resident; $72/nonresident
Register by Mar. 2
Regular Registration: $58/resident; $82/nonresident
Register by Mar. 9

COMPETITION BATON (Age 5 & Up)

Advanced level baton twirling. Instructor consent required. Twirlers will participate in local parades.

Competition Baton I
Thursdays 5:30-6:15 p.m. Community Center
Competition Baton II
Thursdays 7:15-8 p.m. Community Center

Fall: Sept. 8-Dec. 15 (off Oct. 20, Nov. 24, 2 days TBD)
EARLY REGISTRATION FEE: $88/resident; $113/nonresident
Register by Aug. 25
Regular Registration: $46/resident; $64nonresident
Register by Sept. 1

Winter: Jan. 5-May 25 (off April 20 and 5 days TBD)
EARLY REGISTRATION FEE: $120/resident; $145/nonresident
Register by Dec. 22
Regular Registration: $130/resident; $155/nonresident
Register by Dec. 29

DANCE & POMS (Ages 6-12)

Students will learn technique and routines using pom poms and dance moves. Students will have the opportunity to perform in local parades.

Thursdays 6:45-7:15 p.m. Community Center
Fall I: Sept. 8-Oct. 13 (One day off TBD)
EARLY REGISTRATION FEE: $36/resident; $54/nonresident
Register by Aug. 25
Regular Registration: $46/resident; $64nonresident
Register by Sept. 1

Fall II: Oct. 27-Dec. 15 (off Oct. 20, Nov. 24 & 1 day TBD)
EARLY REGISTRATION FEE: $36/resident; $54/nonresident
Register by Oct. 13
Regular Registration: $46/resident; $64/nonresident
Register by Oct. 20

Winter I: Jan. 5-Mar. 9 (Two days off TBD)
EARLY REGISTRATION FEE: $48/resident; $72/nonresident
Register by Dec. 22
Regular Registration: $58/resident; $82/nonresident
Register by Dec. 29

Winter II: Mar. 16-May 25 (off Apr. 20; 3 days TBD)
EARLY REGISTRATION FEE: $48/resident; $72/nonresident
Register by Mar. 2
Regular Registration: $58/resident; $82/nonresident
Register by Mar. 9

DANCE FOR BATON TWIRLERS (Age 5 & Up)

Competition baton twirlers will need to take this class to participate in competitions. This class is required to be able to sign up for Competition Baton.

Thursdays 6:20-7:15 p.m. Community Center

Fall: Sept. 8-Dec. 15 (off Oct. 20, Nov. 24, 2 days TBD)
EARLY REGISTRATION FEE: $132/resident; $157/nonresident
Register by Aug. 25
Regular Registration: $142/resident; $167nonresident
Register by Sept. 1

Winter: Jan. 5-May 4 (off April 20 and 5 days TBD)
EARLY REGISTRATION FEE: $144/resident; $169/nonresident
Register by Dec. 22
Regular Registration: $154/resident; $179/nonresident
Register by Dec. 29

Tumbling & Gymnastics

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

PARENT & TOT TUMBLING (Age 2-3)

Through group games, the use of balance beam and floor exercises, parents participate with their child in activities. Focus is on balance, coordination and socialization skills.

TUMBLING (Age 4-5)

Fitness and fun create an environment to learn motor skills, tumbling, group games and build self esteem. Children will work on a new skill each class and showcase their skills with a show at the end of the session.

Tuesdays	
Superhero Tumbling	4:15-5 p.m.
Tumbling	5:05-5:50 p.m.
Saturdays	
Parent-Tot	9-9:30 a.m.
Tumbling	9:40-10:25 a.m.
Fall I	Sept. 6-Oct. 22
EARLY REGISTRATION FEE: $42/resident; $63/nonresident **Register by Aug. 23** Regular Registration: $52/resident; $73/nonresident Register by Aug. 30	
Fall II	Oct. 25-Dec. 10 (Off Nov. 26)
EARLY REGISTRATION FEE: $42/resident; $63/nonresident **Register by Oct. 11** Regular Registration: $52/resident; $73/nonresident Register by Oct. 18	
Winter I	Jan. 3-Feb. 18
EARLY REGISTRATION FEE: $42/resident; $63/nonresident **Register by Dec. 20** Regular Registration: $52/resident; $73/nonresident Register by Dec. 17	
Winter II	Feb. 21-April 8
EARLY REGISTRATION FEE: $42/resident; $63/nonresident **Register by Feb. 7** Regular Registration: $52/resident; $73/nonresident Register by Feb. 14	

SUPERHERO TUMBLING (Age 4-6)

Your little one will be the hero in this themed class that engages their super energy and teaches the fundamentals of tumbling using balance beam, uneven bars as they work on their balance and coordination.

GYMNASTICS (Ages 6 and up)

Gymnastics instruction for **all levels** provided by experienced teachers. Includes basic foundational skills, strength and flexibility training, as well as skill development on floor exercise, vault table, uneven parallel bars and balance beam. Students will perform skills in a show on the last day of session. Instructor: Meg Way.

Saturdays OHS Upper Gym
Beginner: 8 -8:50 a.m.
Intermediate: 9-9:50 a.m.
Advanced: 10-10:50 a.m.

Fall: Nov. 5-Dec. 17 (off Nov. 26 & Dec. 10)
EARLY REGISTRATION: $40/resident; $60/out of district
Register by Oct. 22
Regular Registration: $50/resident; $70/out of district
Register by Oct. 29

Winter: Jan. 7-Feb. 25 (off Feb. 11)
EARLY REGISTRATION: $56/resident; $82/out of district
Register by Dec. 24
Regular Registration: $66/resident; $92/out of district
Register by Dec. 31

BOOK A PARTY! TUMBLING, MUSIC or ART

Make your child's birthday party a hit by booking at the Community Center.
Party goers will be entertained with 1 hour of activity with an instructor and 1 hour for cake and gifts, (setup and cleanup time must be included in two-hour rental time).
Theme parties available.
You provide any food or favors. We provide the instructor, room with equipment, tables and chairs.
Cost: $150/resident; $175/nonresident plus tax for the two-hour party.

Children's Activities

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

NO BAKE COOKING (Ages 6-8)

Who's ready to measure, mix, and make yummy recipes? Let's do it! Come explore a no bake food class! Children will learn to make healthy snacks, lunch items, and desserts in this one-day class. We will learn measuring skills, mixing skills, and of course tasting our creations. Not recommended for children with allergies.
Instructor: Cat March

Oct. 7 or Feb. 20 2:30-3:30 p.m. Community Center
No-school days

EARLY REGISTRATION: $10/resident; $15/nonresident
Regular Registration: $20/resident; $25/nonresident

CLAY CREATIONS (Ages 3-4)

Do you want to build a snowman? Fire up your child's creativity with clay! We will create some wonderful characters such as Olaf, as well as using our own imagination to mold colorful clay into amazing artwork. Explore the exciting world of clay with me and see what we can create together! Instructor: Cat March

Fridays 12:30-1:15 p.m. Community Center

Fall I: Sept. 16-Oct. 14
Fall II: Oct. 21-Nov. 18
Winter I: Jan. 13-Feb. 10
Winter II: Mar. 3-Mar. 31

EARLY REGISTRATION: $40/resident; $60/nonresident
Regular Registration: $50/resident; $70/nonresident

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1083 Summit Ave. Oconomowoc, WI 53066

CREATIVE ART (Age 5-8)

Your child will explore and create theme-based arts and craft projects in this hands-on class. Each week they will finish a project to bring home. Instructor: Janna Barrie.

Saturdays 9-9:45 a.m. Community Center

Session I Sept. 17-Oct. 15
EARLY REGISTRATION: $36/resident; $54/nonresident
Register by Sept. 3
Regular Registration: $46/resident; $64/nonresident
Register by Sept. 10

Session II Feb. 25-Mar. 25
EARLY REGISTRATION: $36/resident; $54/nonresident
Register by Feb. 11
Regular Registration: $46/resident; $64/nonresident
Register by Feb. 18

Creative Art is a great way for children to spend the morning tapping into their inner artist.

Oh what fun you can have in our children's programs! Check out pages 28-29 for info on Preschool Art, Preschool Playtime, Pee Wee Dance and more!

Bricks 4 Kidz

Oconomowoc Rec is teaming with Bricks 4 Kidz to offer LEGO® brick classes at the Community Center. In these hands-on programs participants will explore engineering, architecture, physics and more while building machines, robots and more.
You can find more information at www.bricks4kidz.com/build-wi

Session Dates	
Fall I	**Sept. 10-Oct. 29 (Saturdays Only)**
Fall II	**Nov. 7-Dec. 26 (Mondays Only)**
Winter I	**Jan. 2-Feb. 20 (Mondays Only)**
Winter II	**Mar. 4-Apr. 29 (off Apr. 8) (Saturdays Only)**

JR. ROBOTICS CAMP - FESTIVAL FUN (Grade 1-4)

How would you like to turn your next LEGO® creation into a robot, programmed to do exactly what you tell it to do? The camp offers all the fun of building with LEGO® bricks, PLUS the challenge of computer programming! Using drag-and-drop icon-based software, WeDo software provides an introduction into the world of computer-programming and robotics that will equip children to succeed in a technology-based marketplace. This fun, action-packed class combines the fun festival rides that make us spin, rock and roll, along with some of the animals we would see at a fair! This is an introductory class.

Saturdays 10-11:30 a.m. Community Center

$135/resident; $160/nonresident

JR. ROBOTICS CAMP - TRANSPORTATION (Grade 1-4)

How would you like to turn your next LEGO® creation into a robot, programmed to do exactly what you tell it to do? The Bricks 4 Kidz Jr. Robotics camp offers all the fun of building with LEGO® bricks, PLUS the challenge of computer programming! Using drag-and-drop icon-based software, WeDo software provides an introduction into the world of computer-programming and robotics that will equip children to succeed in a technology-based marketplace. This fun, action-packed class all different types of transportation from space, air, land and sea!
This is an introductory class.

Mondays 6-7:30 p.m. Community Center

$135/resident; $160/nonresident

EV3 ROBOTICS - ALL ABOUT SPORTS (Grade 5-8)

Calling all sports fanatics! The energetic Bricks 4 Kidz® "All About Sports" EV3 Robotics unit is perfect for both athletes and technical thinkers. Challenge others to a game of basketball or soccer after building these models and creating the software programs to control them. Put your technology skills to the test when you create the software programs for each model and watch them perform.
Prior experience in robotics is helpful, but not necessary.

Mondays 6-7:30 p.m. Community Center

$145/resident; $170/nonresident

EV3 ROBOTICS - TANK BOTS (Grade 5-8)

Test your programming and design skills with our TankBot Robot specially designed for B4K. Tank Bot is an all-terrain autonomous robot. Tank Bot uses the Random Function to decide on where it will go next. The display screen displays eyes that determine Tank Bot's direction of travel. Join the hilarious action as we go into combat in our TankBot arena. What will your TankBot do? Will you be crowned TankBot WARRIOR? Prior experience in robotics is helpful, but not necessary.

Saturdays 10-11:30 a.m. Community Center

$145/resident; $170/nonresident

Tennis Lessons

INTRO TO PEE WEE TENNIS (Age 4)

Hand-eye coordination skills, games and lots of fun in a relaxed atmosphere. Racquet provided.

TINY STARS (Age 5-6)

Beginner: Introduction to tennis skills with hand-eye coordination drills, games and a lot of fun in a relaxed atmosphere. Racquet provided.
Advanced Beginner: Hand-eye coordination drills, games and a lot of fun in a relaxed atmosphere. One full year of lessons required. Racquet provided.

STARTER STARS (Age 7-8)

Beginner: Learn basic stroke development, court etiquette. Fun games, skills and drills. Racquet provided.
Advanced Beginner: Stroke development, footwork and fun drills. Learn to serve and play. One full year of lessons required.

FUTURE STARS (Age 9-11)

Beginner: Learn basic strokes, court etiquette, skill drills and games. Learn to play the game.
Advanced Beginner: Continued stroke development, fun drills, games and play. One year of lessons required.

TWEEN (Ages 12-13) & TEEN (Ages 14-16)

Beginner: Learn basic strokes, court etiquette, skill drills and games. Learn to play the game. Class for those who have never had lessons.
Advanced Beginner: Continue stroke development and fun drills. One full year of lessons required.

INTERMEDIATE (Age 7-9) & (Age 10-12)

Three years of playing experience. Refine strokes, learn specialty shots, singles and doubles strategies.
Instructor consent required. Must register in person for this class.

Barb Mueller

Barb was inducted into the United States Tennis Hall of Fame in 2008. She is an accomplished tennis player who holds several world senior titles in Singles and Doubles. Barb was a Top 12 National Junior Player. She is a USPTA Elite Pro for more than 40 years.
Barb has been an instructor for the Wisconsin Adaptive/Wheelchair Tennis Program for 15 years. Her "Soar with Eagle" Tennis programs bring tennis to Native American Communities. She is a former Women's Tennis Coach at The Ohio State University. Barb enjoys bringing tennis to the Lake Country community and has taught adults and children here for over 20 years.

ADULT LESSONS

Beginner: Learn the fundamentals of the game. Court etiquette and doubles play. For those who've never had lessons.
Advanced Beginner/ Low Intermediate: At least one year of instruction. Must be able to play. Refine strokes. Learn specialty shots, drill and play.

ADULT CARDIO TENNIS

Advanced Cardio (3.5- 4.5 rating): Fast-paced drills and play for highly skilled players. Heart-pumping fitness with a warm-up and cool down. Music included.

Outdoor Tennis Lessons

REGISTER EARLY AND SAVE

Early Registration deadline for Fall Tennis is Aug. 26. Regular registration deadline is Sept. 2. Late fee applies after that.

With Barb Mueller USPTA Elite Pro, Hall of Famer & Recreation Department Staff		**Sept. 10-Oct. 13 -Fowler Park**
Pee Wee		
Beginner	Saturday 12:30-1:00 p.m. or Tuesday 4:15-4:45 p.m.	**Early Registration: $30/resident; $45/nonresident** Regular Registration: $40/resident; $55/nonresident
Tiny Stars		
Beginner	Wednesday 4:15-5 p.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Advanced Beginner	Saturday 10:45-11:30 a.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Starter Stars		
Beginner	Wednesday 5-6 p.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Advanced Beginner	Saturday 11:30 a.m.-12:30 p.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Future Stars		
Beginner	Monday 4-5 p.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Advanced Beginner	Saturday 9:40-10:40 a.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Intermediate		
Ages 7-9	Tuesday 4:45-6 p.m.	**Early Registration: $50/resident; $75/nonresident** Regular Registration: $60/resident; $85/nonresident
Ages 10-12	Thursday 4:30-6 p.m.	**Early Registration: $60/resident; $85/nonresident** Regular Registration: $70/resident; $95/nonresident
Tween & Teen		
Teen Beg./Adv. Beg.	Monday 5-6 p.m.	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Tween Beg./ Adv./Beg.	Monday 6-7 p.m. ***At OHS with Lee Janny***	**Early Registration: $40/resident; $60/nonresident** Regular Registration: $50/resident; $70/nonresident
Adult		
Beginner	Monday 6-7 p.m. or Tuesday 9-10 a.m.	**Early Registration: $50/resident; $75/nonresident** Regular Registration: $60/resident; $85/nonresident
Advanced Beginner	Thursday 9-10 a.m.	**Early Registration: $50/resident; $75/nonresident** Regular Registration: $60/resident; $85/nonresident
Cardio		
Adult Adv. Cardio	Saturday 8:30-9:30 a.m.	**Early Registration: $50/resident; $75/nonresident** Regular Registration: $60/resident; $85/nonresident
Adult Adv. Beg./Low Intermediate Cardio	Wednesday 6-7 p.m.	**Early Registration: $50/resident; $75/nonresident** Regular Registration: $60/resident; $85/nonresident

Indoor Tennis Lessons

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

Fall Indoor Tennis Lessons with Barb Mueller USPTA Elite Pro, Hall of Famer & Recreation Department Staff			
Pee Wee			
Beginner	Saturday Oct. 29-Nov. 19 Thursdays Nov. 10-Dec. 8 (off Nov. 24)	12:30-1 p.m. Silver Lake OR 5-5:30 p.m. Greenland School	**Early Registration: $24/resident; $36/out of district** Regular Registration: $34/resident; $46/out of district
Beginner	Tuesdays Oct. 4-25	8:30-9 a.m. Community Center	**Early Registration: $24/resident; $36/out of district** Regular Registration: $34/resident; $46/out of district
Beginner	Wednesday Oct. 5-26	8:30-9 a.m. Community Center	**Early Registration: $24/resident; $36/out of district** Regular Registration: $34/resident; $46/out of district
Tiny Stars			
Beginner	Wednesday Oct. 26-Dec. 7 (off Nov. 23)	4:15-5 p.m. Greenland School	**Early Registration: $40/resident; $60/out of district** Regular Registration: $50/resident; $70/out of district
Advanced Beginner	Saturday Oct. 29-Nov. 19	10:45-11:30 a.m. Silver Lake	**Early Registration: $32/resident; $48/out of district** Regular Registration: $42/resident; $58/out of district
Starter Stars			
Beginner	Wednesday Oct. 26-Dec. 7 (off Nov. 23)	5-6 p.m. Greenland School	**Early Registration: $48/resident; $72/out of district** Regular Registration: $58/resident; $82/out of district
Advanced Beginner	Saturday Oct. 29-Nov. 19	11:30 a.m.-12:30 p.m. Silver Lake	**Early Registration: $32/resident; $48/out of district** Regular Registration: $42/resident; $58/out of district
Future Stars			
Beginner	Thursday Nov. 10-Dec. 8	5:30-6:30 p.m. Greenland School	**Early Registration: $48/resident; $72/ out of district** Regular Registration: $58/resident; $82/out of district
Advanced Beginner	Saturday Oct. 29-Nov. 19	9:40-10:40 a.m. Silver Lake	**Early Registration: $32/resident; $48/out of district** Regular Registration: $42/resident; $58/out of district
Intermediate			
Ages 7-9	Monday Oct. 31-Nov. 21	7-8 p.m. Silver Lake	**Early Registration: $32/resident; $48/out of district** Regular Registration: $42/resident; $58/out of district
Ages10-12	Tuesday Nov. 8-Nov. 29	7-8:30 p.m. Silver Lake	**Early Registration: $48/resident; $72/out of district** Regular Registration: $58/resident; $82/out of district
Adult			
Beginner	Monday Oct. 31-Nov. 21	8-9 p.m. Silver Lake	**Early Registration: $40/resident; $60/out of district** Regular Registration: $50/resident; $70/out of district
Cardio			
Advanced Cardio	Saturday Oct. 29-Nov. 19	8:30-9:30 a.m. Silver Lake	**Early Registration: $40/resident; $60/out of district** Regular Registration: $50/resident; $70/out of district

Indoor Tennis Lessons

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

Winter Indoor Tennis Lessons

with Barb Mueller USPTA Elite Pro, Hall of Famer & Recreation Department Staff

Pee Wee			
Beginner	Saturday Feb. 18-Mar. 25 (off Feb. 25) Thursday Mar. 9-Apr. 6 (off Mar. 23)	12:30-1 p.m. Silver Lake 5-5:30 p.m. Greenland School	**Early Registration: $30/resident; $45/out of district** Regular Registration: $40/resident; $55/out of district
Beginner	Tuesday Mar. 7-28	8:30-9 a.m. Community Center	**Early Registration: $24/resident; $36/out of district** Regular Registration: $34/resident; $46/out of district
Beginner	Wednesday Mar. 8-29	8:30-9 a.m. Community Center	**Early Registration: $24/resident; $36/out of district** Regular Registration: $34/resident; $46/out of district
Tiny Stars			
Beginner	Wednesday Mar. 1-Apr. 5	4:15-5 p.m. Greenland School	**Early Registration: $48/resident; $72/out of district** Regular Registration: $58/resident; $82/out of district
Advanced Beginner	Saturday Feb. 18-Mar. 25 (off Feb. 25)	10:45-11:30 a.m. Silver Lake	**Early Registration: $40/resident; $60/out of district** Regular Registration: $50/resident; $70/out of district
Starter Stars			
Beginner	Wednesday Mar. 1-Apr. 5	5-6 p.m. Greenland School	**Early Registration: $48/resident; $72/out of district** Regular Registration: $58/resident; $82/nonresident
Advanced Beginner	Saturday Feb. 18-Mar. 25 (off Feb. 25)	11:30 a.m.-12:30 p.m. Silver Lake	**Early Registration: $40/resident; $60/out of district** Regular Registration: $50/resident; $70/out of district
Future Stars			
Beginner	Thursday Mar. 9-Apr. 6 (off Mar. 23)	5:30-6:30 p.m. Greenland School	**Early Registration: $48/resident; $72/ out of district** Regular Registration: $58/resident; $82/out of district
Advanced Beginner	Saturday Feb. 18-Mar. 25 (off Feb. 25)	9:40-10:40 a.m. Silver Lake	**Early Registration: $40/resident; $60/out of district** Regular Registration: $50/resident; $70/out of district
Cardio			
Advanced Cardio	Saturday Feb. 18-Mar. 25 (off Feb. 25)	8:30-9:30 a.m. Silver Lake	**Early Registration: $50/resident; $75/out of district** Regular Registration: $60/resident; $85/out of district

Winter Intermediate Tennis Lessons dates and times are TBD

Yoga, PiYo & Barre

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

INTRO TO YOGA (Age 18 & up)

This class is designed for the beginner yoga student. Introduction to fundamental poses that tone, strengthen and condition the body. Basic breathing and relaxation techniques will be taught as well.

GENTLE YOGA (Age 18 & up)

Learn how to practice yoga through the various postures and breathing techniques. Enhance flexibility, balance and muscle tone and relaxation with gentle stretching.

BASIC YOGA (Age 18 & up)

Learn the basic postures, strengthening and toning muscles, enhance flexibility and balance. This class is designed for those with previous yoga experience.

VINAYSA (Age 18 & up)

This class is designed for those who have been practicing yoga and who feel comfortable with a cardio workout that includes sun salutations. This class increases strength, flexibility, and balance using the breath to flow gracefully from one pose to the next.

MIXED BLEND YOGA (Age 18 & up)

This class is a combination of Yoga, Pilates & Barre. This class focuses on enhancing flexibility, strengthening/toning the arms with weights and firming the core, hips and legs. Previous yoga experience is suggested.

PIYO (Age 18 & up)

This class is a combination of Pilates and Yoga. These classes are designed to firm and strengthen the core and other muscles as well as enhance core stability and flexibility. This class is more rigorous than yoga. Previous yoga experience is suggested.

YOGA (Age 18 & up)

This class alternates each week between a different form including Gentle Yoga, Basic Yoga, Beyond Basic Yoga, Yin and PiYo.

BARRE (Age 18 & up)

Balanced Body Barre is a fun, full-body workout set to upbeat music. It combines elements of ballet technique, yoga and Pilates. It also includes brief aerobics during warmup. Participants can plan to get a full workout targeting the core, legs and arms. Gripping socks optional.

PERSONALIZED WELLNESS PROGRAM

Individual and group personal wellness packages are available. Certified nutritionist and yoga instructor Cindy Stark will help develop a diet and exercise plan that will help you reach your wellness goals. Call (262) 569-2199 for information.

Private Nutrition: This is a series of 3 one-on-one nutritional consultations geared to help you achieve and maintain optimal health. The nutritionist will offer a nutrient-dense diet, supplementation and lifestyle changes that will focus on the unique individual. The first 60-minute session will cover the assessment, goals and diet/recipe implementation. The second session will focus on reassessment, evaluate diet and supplementation. The last session will reassess health status/goals, evaluate diet and supplementation, then make revisions (if necessary). This customized nutritional method is designed to help you overcome your health concerns and increase your confidence with food and supplement choices. $162/resident and $187/nonresident
Cost: $162/resident and $187/nonresident

Private Yoga: This is a series of 3 one-on-one yoga sessions tailored to your needs. During each 60-minute session, you will work closely with the yoga teacher to develop a yoga practice that suits your physical, emotional and spiritual needs at your own pace. Private yoga sessions are designed for anyone, whether you are beginner, or have specific goals. (ex. back, knee, shoulder, arthritis, fibromyalgia, diabetes, chronic headaches, stress, insomnia), or they can be added to your weekly class practice. Fee is $162/residents; $187/nonresidents for 3 personalized sessions.

Yoga, PiYo & Barre

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

Intro to Yoga	
Mondays (Fall II & Winter II only)	7:15-8:45 p.m.

Gentle Yoga	
Mondays	6:10-7:10 p.m.
Wednesdays	5:15-6:15 p.m.

Basic Yoga	
Thursdays	8-9 a.m.
Tuesdays	6-7 p.m.

Vinyasa	
Mondays (Fall I & Winter I only)	7:15-8:15 p.m.

PiYo	
Wednesdays	6:30-7:30 p.m.

Barre	
Mondays (Fall I & Winter I only)	5-6 p.m.
Tuesdays	7:15-8:15 p.m.
Thursdays	9:15-10:15 a.m.

Mixed Blend Yoga	
Mondays (Fall II & Winter II only)	5-6 p.m.

Yoga	
Wednesdays	9:15-10:15 a.m.

Monday Classes	
Fall I	Sept. 12-Oct. 24
Early: $63/Resident; $88/Nonresident - Regular: $73/Resident; $98/Nonresident	
Fall II	Oct. 31-Dec. 26
Early: $81/Resident; $106/Nonresident - Regular: $91/Resident; $116/Nonresident ***Intro: 122/Resident; $147/Nonresident***	
Winter I	Jan. 2-Feb. 20
Early: $72/Resident; $97/Nonresident - Regular: $82/Resident; $107/Nonresident	
Winter II	Feb. 27-Apr. 17
Early: $72/Resident; $97/Nonresident - Regular: $82/Resident; $107/Nonresident ***Intro: 108/Resident; $133/Nonresident***	

Tuesday Classes	
Fall I	Sept. 6-Oct. 25
Early: $72/Resident; $97/Nonresident - Regular: $82/Resident; $107/Nonresident	
Fall II	Nov. 1-Dec. 27
Early: $81/Resident; $106/Nonresident - Regular: $91/Resident; $116/Nonresident	
Winter I	Jan. 3-Feb. 21
Winter II	Feb. 28-Apr. 18
Early: $72/Resident; $97/Nonresident - Regular: $82/Resident; $107/Nonresident	

Wednesday Classes	
Fall I	Sept. 7-Oct. 25
Early: $72/resident; $97/nonresident - Regular: $82/resident; $107/nonresident	
Fall II	Nov. 2-Dec. 28
Early: $81/resident; $106/nonresident - Regular: $91/resident; $116/nonresident	
Winter I	Jan. 4-Feb. 22
Winter II	Mar. 1-Apr. 19
Early: $72/resident; $97/nonresident - Regular: $82/resident; $107/nonresident	

Thursday Classes	
Fall I	Sept. 8-Oct. 26
Fall II	Nov. 3-Dec. 29 (off Nov. 24)
Winter I	Jan. 5-Feb. 25
Winter II	Mar. 3-Apr. 20
Early: $72/resident; $97/nonresident - Regular: $82/resident; $107/nonresident	

Fitness

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

ZUMBA (18 & up)

Get fit in this heart-pumping and energizing fitness workout. Zumba uses easy to follow moves to create a dynamic fitness program. Tone and sculpt your body while burning fat. Instructor: Aleta Shumway

Mondays	7-8 p.m.	Dance Studio
Wednesdays	5-6 p.m.	Lower Level Activity
Thursdays	6-7 p.m.	Dance Studio

Monday Classes	
Fall I	Sept. 12-Oct. 24
Early Registration: $35/resident; $52.50/nonresident Regular Registration: $45/resident; $62.50/nonresident	
Fall II	Oct. 31-Dec. 19
Winter I	Jan. 2-Feb. 20
Winter II	Feb. 27-Apr. 17
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

Wednesday Classes	
Fall I	Sept. 7-Oct. 26
Fall II	Nov. 1-Dec. 21
Winter I	Jan. 4-Feb. 22
Winter II	Mar. 1-Apr. 19
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

Thursday Classes	
Fall I	Sept. 8-Oct. 27
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	
Fall II	Nov. 3-Dec. 22 (off Nov. 24)
Early Registration: $35/resident; $52.50/nonresident Regular Registration: $45/resident; $62.50/nonresident	
Winter I	Jan. 5-Feb. 23
Winter II	Mar. 2-Apr. 20
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

CARDIO HIP HOP (18 & up)

Easy-to-follow moves to the latest hip hop songs that help you blast calories and make you forget that you're getting in an effective workout! Great for beginners and anyone who loves to shake it!
Instructor: Jennifer Anew.

Thursdays	7-8 p.m.
Fall I	Sept. 8-Oct. 27
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	
Fall II	Nov. 3-Dec. 22 (off Nov. 24)
Early Registration: $35/resident; $52.50/nonresident Regular Registration: $45/resident; $62.50/nonresident	
Winter I	Jan. 5-Feb. 23
Winter II	Mar. 2-Apr. 20
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

PERSONAL TRAINING

Individual and group packages are available with Certified Personal Trainer Mark Skumatz. Call (262) 569-2199 for information.

CARDIO TRX (18 & up)

Combine TRX exercises with cardio to get your heart rate up, burn a bunch of calories and build strength. Cardio TRX is a great way to amp up your workout, burn more fat and get your body moving.
Instructor: Mark Skumatz.

Tuesdays & Thursdays	6-6:45 p.m.

Fall I	Sept. 6-Oct. 27
Early Registration: $96/resident; $121/nonresident Regular Registration: $106/resident; $131/nonresident	
Fall II	Nov. 1-Dec. 22 (off Nov. 24)
Early Registration: $90/resident; $115/nonresident Regular Registration: $100/resident; $125/nonresident	
Winter I	Jan. 3-Feb. 23
Winter II	Feb. 28-Apr. 20
Early Registration: $96/resident; $121/nonresident Regular Registration: $106/resident; $131/nonresident	

Fitness & Tae Kwon Do

REGISTER EARLY AND SAVE

Early Registration is 2 weeks before program start. Regular is 1 week prior. Late fee applies after that.

STRENGTH TRAINING (Ages 18 & up)

You will be inspired and have fun while participating in a fantastic workout. You can expect a full body workout that targets all of the major muscle groups. You'll integrate strength and stretching exercises to produce stronger bones and muscles and increase your metabolism to help maintain a healthy body weight. Bring a towel and water. Instructor: Lisa Fugina

Thursdays	5-5:45 p.m.

Fall I	Sept. 8-Oct. 27
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	
Fall II	Nov. 3-Dec. 22 (off Nov. 24)
Early Registration: $35/resident; $52.50/nonresident Regular Registration: $45/resident; $62.50/nonresident	
Winter I	Jan. 5-Feb. 23
Winter II	Mar. 2-Apr. 20
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

TAE KWON DO (Age 6 & up)

Korean martial art form. Belt testing is held five times per year. Students will test their individual abilities and learn how to better themselves.
This is a continuous monthly program.
Uniforms are required at an additional fee and are purchased through the instructor.
Instructor: Doug Scheerer, third degree blackbelt.

Mondays & Wednesdays

Kids White Belt 6-6:30 p.m.
$25/resident; $37.50/nonresident per month

Kids Colored Low Belt 6:30-7:30 p.m.
$50/resident; $75/nonresident per month

Adult High Belt 7:30-8:30 p.m.
$50/resident; $75/nonresident per month

***No early registration for this program. A $10 Late fee applies after the 25th of each month**

CARDIO KICKBOXING (Ages 18 & up)

The class provides a mixture of cardio exercise with combinations of kicking and punching techniques, body sculpting using weights along with floor work and stretching cool down. It's a fun-filled, fast-paced workout. Build flexibility, endurance and power. No prior martial arts experience needed.
Instructor: Lisa Fugina

Tuesdays	5:45-6:45 p.m.

Fall I	Sept.6 -Oct. 25
Fall II	Nov. 1-Dec. 20
Winter I	Jan. 3-Feb. 21
Winter II	Feb. 28-Apr. 18
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

Saturdays	9:30-10:30 a.m.

Fall I	Sept. 10-Oct. 29
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	
Fall II	Nov. 5-Dec. 17 (off Nov. 26)
Early Registration: $30/resident; $45/nonresident Regular Registration: $40/resident; $55/nonresident	
Winter I	Jan. 7-Feb. 25
Winter II	Mar. 4-Apr. 22
Early Registration: $40/resident; $60/nonresident Regular Registration: $50/resident; $70/nonresident	

ADULT LEAGUES

The Recreation Department will continue its adult indoor basketball and volleyball leagues.
The Men's Basketball League begins, Oct. 19 at the Oconomowoc High School.
The Adult Indoor Volleyball League begins Sept. 21. Returning teams are given first spots.
You must register in person at the Oconomowoc Community Center. Call (262) 569-2199 for more info.

Preschool Activities

EARLY CHILDHOOD LEARNING AND RECREATION (Ages 3-4)

This program is designed for children to play and have a fun, fulfilling learning experience. New skills will be introduced and reinforced to help prepare your child for elementary school. Prewriting skills, social and personal skills, math, science and art will be the focus. Instructor: Cat March

Limited to 8 per class. Must be potty trained.

Semester I	Sept. 7-Dec. 16 (off Nov. 25)
Semester II	Jan. 9-April 28, 2017 (off April 10-14)

Monday & Wednesday	
9 a.m.-12 p.m.	$495/resident; $520/nonresident

Tuesday & Thursday	
9 a.m.-12 p.m.	$495/resident; $520/nonresident

Friday	
9 a.m.-12 p.m.	$247.50/resident; $272.50/nonresident

INTRO TO PRESCHOOL (Ages 3-4)

This program is designed for children to play and have a fun, fulfilling learning experience. New skills will be introduced and reinforced to help prepare your child for elementary school. Prewriting skills, social and personal skills, math, science and art will be the focus. Instructor: Cat March

Limited to 8 per class. Must be potty trained.

Semester I	Sept. 12-Nov. 30 (off Nov. 23)
Semester II	Jan. 16-Apr. 5, 2017

Monday & Wednesday	
12:30 -2 p.m.	$216/resident; $241/nonresident

Cat March

Cat has been educating and caring for young children for 9 years successfully running her own daycare in Oconomowoc. She enjoys volunteering her time as a Girl Scout troop leader for her daughters' troop and is a member of the PTO at Summit Elementary.

"Watching children expand their mind through play and socialization is what I love best. My goal is to create an environment where we can experience a fun and imaginative approach to learning."

PRESCHOOL ART (Ages 3-4)

Your child will explore and create theme-based arts and craft projects in this hands-on class. Each week they will finish a project to bring home. Instructor: Cat March.

Mondays & Wednesdays 2:15-3:30 p.m.

Semester I: Sept. 12-Nov. 30 (off Nov. 23)
$180/resident; $205/nonresident

Semester II: Jan. 16-Apr. 5, 2017
$180/resident; $205/nonresident

PRESCHOOL PLAYTIME (Ages 3-4)

Join certified preschool instructor, Cat March, in exciting play activities such as games, songs and supervised play. Class will include fitness, balance, flexibility, movement and coordination through games.

1:30-2:30 p.m. Fridays

Fall: Sept. 16-Oct. 14
Fall II: Oct. 21-Nov. 18
Winter I: Jan. 13-Feb. 10
Winter II: Mar. 3-Mar. 31

$40/resident; $60/nonresident

Music & Dance

PEE WEE DANCE (Age 3-5)

Introduction to dance movements with music. This class will make your little girl feel like a princess. Children will use pom poms and other props to music in this fun and energetic class. Instructor: Berrin Snyder

Thursdays 5-5:30 p.m. Community Center
Fall I: Sept. 8-Oct. 13 (One day off TBD)
EARLY REGISTRATION: $36/resident; $54/nonresident
Register by Aug. 25
Regular Registration: $46/resident; $64nonresident
Register by Sept. 1

Fall II: Oct. 27-Dec. 15 (off Oct. 20, Nov. 24 & 1 day TBD)
EARLY REGISTRATION: $36/resident; $54/nonresident
Register by Oct. 13
Regular Registration: $46/resident; $64/nonresident
Register by Oct. 20

Winter I: Jan. 5-Mar. 9 (Two days off TBD)
EARLY REGISTRATION: $48/resident; $72/nonresident
Register by Dec. 22
Regular Registration: $58/resident; $82/nonresident
Register by Dec. 29

Winter II: Mar. 16-May 25 (off Apr. 20; 3 days TBD)
EARLY REGISTRATION: $48/resident; $72/nonresident
Register by Mar. 2
Regular Registration: $58/resident; $82/nonresident
Register by Mar. 9

MUSIC TOGETHER (Ages 0-5 with caregiver)

Music Together is an internationally recognized early childhood music program. In class we sing, dance, chant and play along with instruments to a variety of melodies and rhythms. You and your child will also experience creative movement, improvisation, finger play and lap songs.

MUSIC TOGETHER®
BRINGING HARMONY HOME.®

Mondays 5:15-6 p.m. OR Thursdays 9:15-10 a.m.
Sept. 19-Nov. 10
$160/resident; $185/nonresident
The fee for the first additional sibling is $80 and 3rd sibling is $65. If an additional sibling is under 8 months they are free.

Families receive a songbook, parent guide, 2 CDs, musical development growth chart and access to Music Together's online Family Music Zone.

TINY TOT MUSIC TIME (Ages 3-5)

This class is designed to get your child moving to music. Learn to sing, listen and make music with various instruments. Rhythm and melody is incorporated in this fun and engaging class for preschoolers. Includes CD. Instructor: Nick Meske

Thursdays 4:15-5 p.m.

Fall I: Sept. 8-Oct. 20
EARLY REGISTRATION: $42/resident; $63/nonresident
Register by Aug. 25
Regular Registration: $52/resident; $73/nonresident
Register by Sept. 1

Fall II: Oct. 27-Dec. 15 (off Nov. 24)
EARLY REGISTRATION: $42/resident; $63/nonresident
Register by Oct. 13
Regular Registration: $52/resident; $73/nonresident
Register by Oct. 20

Winter I: Jan. 5-Feb. 16
EARLY REGISTRATION: $42/resident; $63/nonresident
Register by Dec. 22
Regular Registration: $52/resident; $73/nonresident
Register by Dec. 29

Winter II: Feb. 23-Apr. 6
EARLY REGISTRATION: $42/resident; $63/nonresident
Register by Feb. 9
Regular Registration: $52/resident; $73/nonresident
Register by Feb. 16

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Outdoor Activities & Skating

CANOEING (Age 9 and up)

Explore the waters of Lac La Belle as you learn the correct way to navigate and paddle a canoe. Canoe, paddles and life jackets are provided.

Saturdays 9-11 a.m. Community Center
Sept. 10
EARLY REGISTRATION: $20/resident; $30/nonresident
Register by Aug. 27
Regular Registration: $30/resident; $40/nonresident
Register by Sept. 3

Oct. 1
EARLY REGISTRATION: $20/resident; $30/nonresident
Register by Sept. 17
Regular Registration: $30/resident; $40/nonresident
Register by Sept. 24

EQUITATE (Age 5 and up)

Equitate offers English and Western riding lessons to all levels of youth and adult riders. Each session includes an ASTM-riding approved helmet and saddle. Register at the Community Center.

Equitate Farm
N87W39389 County Road CW
North of Oconomowoc off Highway 67

Monday-Thursday or Sunday 3:30-6:30 p.m.

$145 per four-week lesson ride@equitatellc.com
30-minute private sessions

ICE FISHING CLINIC (Age 9 and up)

Come and try your hand at ice fishing. This 90-minute instructional session will teach ice-fishing basics to ensure safety while having fun. All fishing equipment will be furnished. This clinic will be held the same day as Chili-Fest in downtown Oconomowoc.

Saturday, Jan. 28
EARLY REGISTRATION: $10/resident; $15/nonresident
Register by Jan. 14
Regular Registration: $20/resident; $25/nonresident
Register by Jan. 21

ICE SKATING ON LAC LA BELLE

These classes provide a child's first step on the ice for the beginner and basic skills for all. Classes are meant to help increase confidence and teach the basics as well as how to be safe and have fun on the ice!

Sundays	La Belle Ice Rink
Age 6-8	1-1:30 p.m.
Age 9 and up	2-2:30 p.m.

OR

Wednesdays	La Belle Ice Rink
Age 6-8	6-6:30 p.m.
Age 9 and up	7-7:30 p.m.

Session I: Jan. 8-Feb. 1
EARLY REGISTRATION: $20/resident; $30/nonresident
Register by Dec. 25
Regular Registration: $30/resident; $40/nonresident
Register by Jan. 1

Session II: Feb. 5-Mar. 1
EARLY REGISTRATION: $20/resident; $30/nonresident
Register by Jan. 22
Regular Registration: $30/resident; $40/nonresident
Register by Jan. 29

LEARN TO SKATE (Age 4-12)

This instructional ice skating program is held in cooperation with the Waukesha County Park System and local communities. This class consists of developing basic skating skills for youth. It's suggested children bring helmets (bike or other is fine) to the class. Please arrive early to allow time to get skates on before lesson begins.

Saturdays	4-6 years old	1:45-2:15 p.m.
	7-12 years old	2:15-2:45 p.m.

Naga-Waukee Ice Arena, 2946 Golf Road, Delafield

Fall: Oct. 15-Nov. 19
Winter: Jan. 7-Feb. 11

Cost: $60

CITY ICE SKATING RINKS OPEN TO THE PUBLIC

The City of Oconomowoc Parks, Recreation & Forestry Department maintains two ice skating rinks in the City. They are Fowler Lake in downtown Oconomowoc which is open during daylight hours and Lac La Belle at City Beach which closes at 9 p.m. The rinks are groomed as time and weather permits. Park benches are available for individuals to change into ice skates. For info on conditions: Call 262-569-2199.

Safety Training & Baseball

SAFE SITTER COURSE (Ages 11-16)

The Safe Sitter Course is a medically accurate, highly structured babysitting preparation course under the guidelines of the American Heart Association and the American Academy of Pediatrics. The class includes: hands-on manikin practice, small-group interactive learning, role-playing and games. Each participant must pass a written and practical exam and demonstrate acceptable skills in care of a choking infant/child, infant and child CPR and more. This course is offered in partnership with the Tutor Doctor.

Sign up for one of the following dates:
Saturday, Oct. 8
Saturday, Nov. 26
Wednesday, Dec. 28
Saturday, Feb. 18
Saturday, April 15

9 a.m. - 4 p.m. Community Center
$90/resident; $115/nonresident
Includes workbook and completion card

WOMEN'S SELF DEFENSE (Age 12 and up)

This is the perfect class for women of all ages. The course is highly recommended for mother-daughter pairs to take together. The class gives students the tools they will need to defend themselves when in danger. Class includes blocking and striking techniques.

Tuesdays 7-8 p.m. Community Center
Fall: Nov. 8-Dec. 6 Lower Level
Winter: Mar. 7-Apr. 4

Per person: $30/resident; $45/nonresident
Adult/child pair: $50/resident; $75/nonresident

Instructor: Doug Scheerer - Third Degree Blackbelt

It is better to have the tools and not need them than to need the tools and not have them. Your body is more capable than you think!

VOLUNTEER COACHES - WE NEED YOU!

You do not have to be a baseball expert to help your child's program. Our programs are in need of parents to volunteer to help coach. The commitment is minor - you're going to be there to watch your child participate anyways, right? Volunteer coaches are necessary to help make our recreation program successful. Please consider signing up to volunteer when you register your child. Volunteering includes simple duties such as lining up children to bat and passing out team T-shirts on the first night. The hope is a few parents will team to "coach" each team. This makes everyone's experience in this program better and more fun!

PEE WEE BALL (age 3-4 by June 13, 2017)

The emphasis for pee wee ball will be on the basic rules, skills, sportsmanship and having fun. A tee and softie ball will be used to assist in teaching rules and game strategies. Parent participation is encouraged.
Registration deadline is Apr. 28.

Age 3 Monday 5:30-6:15 p.m. Park Lawn School
Age 4 Wednesday 5:30-6:15 p.m.
June 12-July 26 (off July 3 & 5)
$30/resident; $45/out of district

TEE BALL (age 5-6 by Sept. 1, 2017)

The emphasis for tee ball will be on the basic rules, skills, sportsmanship and having fun. A tee and soft-core ball will be used to assist in teaching the rules and game strategies and to build confidence. Coaches begin to pitch to players. A batting tee is used to enhance learning. Parent participation is encouraged.
Registration deadline is Apr. 28.

Tuesdays & Thursdays
Age 5 5:30-6:30 p.m. Park Lawn School
Age 6 6:45-7:45 p.m.
June 14-July 27 (off July 4 & 6)
$40/resident; $60/out of district

MINORS (age 7-8 by Sept. 1, 2017)

Minors baseball offers an introduction to pitching, hitting and catching techniques. Coaches do the majority of the pitching but a tee will be used for batters who do not hit a fair ball within 4 pitches. Teams will practice and play full games helping players prepare for the transition into higher levels of play.
Registration deadline is Apr. 28.

Mondays & Wednesdays 6:30-8 p.m.
Park Lawn School & City Ball Diamonds

June 12 to July 26 (off July 3 & 5)
$40/resident; $60/out of district

Line Dancing & Seniors

LINE DANCING (Ages 18 and up)

Have fun with friends and get exercise. This class is more than learning dances. It incorporates variations, choreography and knowing which dances to do with experience. No previous dance experience needed. Social dance at Olympia 1 Friday per month; addition fee for required at the door.

Tuesdays 7-8 p.m.
Fall I: Sept. 6, 13; Oct. 18, 25; Nov. 1, 8
Fall II: Nov. 15-Dec. 20
Winter I: Jan. 10-Feb. 14
Winter II: Feb. 21-Mar. 28

EARLY REGISTRATION FEE: $36/resident; $54/nonresident
Regular Registration: $46/resident; $64/nonresident

SENIOR DINING & HOME DELIVERED MEALS

Senior Dining Centers are open to individuals age 60 or older and their spouse, regardless of their age. Limited government grants cover a portion of the meal costs. Confidential $4 donation suggested. No one will be denied a meal because of inability to pay. Reservations required at least 24 hours in advance. Transportation is available through the ADRC Shared-Fare Taxi • RideLine Silver Streak. This fare subsidy must be authorized in advance.

Monday - Friday Oconomowoc Community Center

Please call the ADRC (262) 548-7848
For more information on Senior Dining

OCONOMOWOC AREA SENIOR CENTER

The Senior Center website has copies of the recent newsletters, monthly calendar of activities, contact information, travel, directory, picture gallery, membership application information and forms, and links to other websites of interest to seniors.

210 South Main Street
Hours are 9 a.m. to 4 p.m. Monday-Friday

Visit the website at:
www.OconomowocSeniors.org

$15 (annual individual membership)
January - December

Coordinator: Mary Lueth
(262)567-4288 or OASCcoord@sbcglobal.net

ZUMBA GOLD (Ages 55 and up)

Master Zumba moves designed for active older adults or those looking for a low-impact workout.

Mondays 10:30-11:30 a.m. Dance Studio

Fall: Sept. 12-Oct. 24*
Fall II: Oct. 31-Dec. 19
Winter I: Jan. 2-Feb. 20
Winter II: Feb. 27-Apr. 17

$40/resident; $60/nonresident
*Fall I: $35/resident; $52.50/nonresident

FREE ACTIVITIES FOR SENIORS

The Oconomowoc Community Center is offering these free activities for seniors.

Open Studio Painting
A space for artists to meet to draw, paint, and be creative Wednesday afternoons. This is an informal drop in. No fees. Open to seniors ages 55 and up. We would like to support the new artist as well as the experienced.
12:30-2:30 p.m. Wednesdays
Oct. 19-Dec. 7 (off Nov. 23)

Ping Pong
Play for free at the Community Center. Tables, paddles and balls provided just bring your game.
10:45-11:30 a.m. Wednesdays
Oct. 19-Dec. 7 (off Nov. 23)

SENIOR DARTBALL

Have some fun playing dartball. Drop in dartball is available for free at the Community Center
Thursdays 12:30-3 p.m. September through April
Oconomowoc Community Center Lower Level

Silver Streak INC
Serving Oconomowoc Seniors and People With Disabilities

Providing affordable local transportation for Oconomowoc seniors and people with disabilities for 25 years.

262-567-6404
www.oconosilverstreak.org
Since 1991

Parks Information

PARK GUIDELINES

• We ask that all users follow these guidelines:
• No person shall operate or ride upon a motor scooter, motorcycle or snowmobile in any park within the city including the Fowler Lake boardwalk, pier and gazebo.
• All parks within the city are closed between 10 p.m. and 5 a.m. daily except Riverside Park which is closed between 9 p.m. and 5 a.m. daily.
• Intoxicants and fermented malt beverages shall not be consumed in any city park after 10 p.m.
• Dogs are not allowed in city parks with the exception of the Dog Exercise Area in Roosevelt Park.
• Glass bottles and containers are prohibited in all city parks including the Fowler Lake boardwalk, pier and gazebo.
• No person shall feed waterfowl on any property owned by the City of Oconomowoc.
• Parking is allowed in designated parking areas only.

BIRD CITY

In March 2012, the City of Oconomowoc was granted recognition as a "Bird City" and is now part of a collaborative program for urban bird conservation throughout Wisconsin. The City of Oconomowoc takes an active role in preservation, restoration and management of its ecological assets that are critical to avian inhabitants. We are seeking volunteers who are bird enthusiasts to help with conservation and several projects the city would like to implement. Groups or individuals are welcome. Call (262) 569-2199 for more information.

TREE CITY USA & ARBOR DAY

Trees clean the air we breathe, beautify our neighborhoods, provide homes for wildlife, conserve energy and provide many other benefits.
Oconomowoc has proudly been recognized by the Arbor Day Foundation as a Tree City USA community for more than 20 for its commitment to urban forestry.
Oconomowoc celebrates Arbor Day the last week in April every year.
We encourage groups, organizations, businesses and individuals to participate in the celebration by donating a tree or trees to be planted in our parks in memory of a loved one or for other special reasons near and dear to you.
For more information, please contact the Superintendent of Parks and Forestry at (262) 569-2180.

STREET TREE MAINTENANCE

A city street tree is any tree or woody vegetation that lies within the public right-of-way and alley right-of-way. The Forestry Division is responsible for maintaining all of the street trees in the areas between the sidewalk and the street curb.

Pruning: Street tree pruning and tree removals are scheduled during the winter months and late summer to early fall. The Forestry Superintendent marks and schedules removal or pruning of city owned hazardous trees and branches deemed necessary for public safety as time permits. The tree pruning schedule is on a 6-year cycle according to aldermanic districts. There are 4 aldermanic districts within the city and tree pruning takes place in one district at a time for one and a half years.
Please do not perform any tree maintenance on any city owned street trees.
If you have a tree request, please fill out the Forestry Maintenance Request Form at www.oconomowoc-wi.gov/parks or at the Community Center, 220 W. Wisconsin Ave. Trees on private property are maintained by the homeowners. If you suspect there is a hazardous street tree, please report it to the Forestry Superintendent at (262) 569-2180.

Stump Grinding: The Forestry Division grinds all tree stumps from tree removals with top priority going to tree removals done from the previous year. Stump grinding takes place in the spring and fall of each year and consists of grinding the stump below ground level, removing the grindings and then adding topsoil, grass seed and straw. The homeowner is responsible for watering the newly seeded areas.

BOAT MOORING

The City of Oconomowoc offers public boat mooring facilities as a service to the residents of the city. There are three locations available depending on boat length - Boardwalk/Island and Chestnut Street. There are a total of 21 boat slips and one jet ski/non-motorized slip. The typical mooring season runs from May 1-Oct. 31.
A waitlist is also maintained for future vacancies. City residents may add their name to the wait list by registering in person at the Parks, Recreation and Forestry office. As a means to encourage sincere placement on the wait list, an administrative fee of $10 plus sales tax per location will be assessed. Wait list fees are renewed annually.

Parks & Facilities Index

		Picnic/Eating	Swimming Beach	Portable Toilet/Restrooms	Tennis Courts	Pickle Ball Courts	Basketball Courts/Goal	Playground Equipment	Baseball/Softball/Sandlot	Soccer/Football Field	Volleyball Court	Boat Carry-in Launch	Mooring Slip	Shoreline Fishing	Park Shelter/Pavilon	Bandshell	Horseshoe Pits	ADA Approved Pier	Natural Resource Features
1	Bender Beach Park	X	X	X															
2	Blain Street Park North	X			X	X	X	X											
3	Blain Street Park South											X							
4	Bub Heritage Park	X						X											
5	Chaffee Road Park	X		X				X	X	X									
6	Champion Field	X		X					X	X									
7	Chestnut Street Lake Access											X	X						
8	City Beach	X	X	X				X			X	X	X	X		X			
9	Fowler Boat Launch			X				X				X		X				X	
10	Fowler Park	X		X	X		X	X						X	X			X	X
11	Golden View Park	X																	X
12	Hawthorne Ridge Park	X						X											
13	Hickory Creek Park North	X						X											X
14	Hickory Creek Park South																		X
15	Island (Lac LaBelle)												X	X					X
16	Lake Road Terrace	X												X					
17	Lakeridge Park																		X
18	Lily Road Park	X		X	X			X											
19	Lisbon Road Park													X					X
20	Memorial Park East													X				X	X
21	Oerding Park	X		X											X				X
22	Park Street Beach		X									X							
23	Parkview Place Park																		X
24	River Bluff Park Lower							X											
25	River Bluff Park Upper	X													X				X
26	River Highlands Park	X						X	X										
27	Riverside Park	X		X				X				X		X	X				X
28	Roosevelt Park	X		X				X	X	X	X				X		X		
29	Silver Lake Park	X		X				X	X						X				
30	Timber Woods Park																		X
31	Veterans Memorial Park													X				X	X
32	Village Green	X																	
33	Westover Park	X		X	X		X	X											
34	Whitman Park	X					X	X	X										
35	Wood Creek Park						X	X											
36	Woodland Lane Lake Access											X		X					X

Park Map

Lac La Belle
Fowler Lake
City of Oconomowoc
Tow
Ocono
wn of
mowoc

Parks, Recreation & Forestry Department
220 W. Wisconsin Ave.
Oconomowoc, WI 53066
(262) 569-2199

Postal Customer

2016-17 Oconomowoc Events

Kid's Fest
Tuesday, Aug. 16 9 a.m. to 1 p.m. Roosevelt Park

Kid's Day
Tuesday, Aug. 16 1:30 to 3 p.m. City Beach

Oconomowoc Festival of the Arts
Saturday-Sunday, Aug. 20-21, 10 a.m. to 5 p.m. Fowler Park

Light Up the Lake Boat Parade and Fireworks
Saturday, Aug. 20, 8:30 to 10 p.m. City Beach

Fall Festival
Saturday, Sept. 10 9 a.m. to 6 p.m. Downtown

Moonlit Movies - Adult Night Out
Saturday, Sept. 10 6 p.m. to 10 p.m. Village Green

9/11 Tribute Concert
Sunday, Sept. 11, 7 p.m. Rhodee Memorial Band Shell

Fire Department Pancake Breakfast
Saturday, Oct. 15, 7 to 11 a.m.
Oconomowoc Fire Department #1, 212 S. Concord Road

Halloween Parade and Trick or Treat
Saturday, Oct. 29, Business Trick or Treat, 11 a.m. to 4 p.m. downtown; Parade, 4 p.m. downtown to Roosevelt Park; Residential Trick or Treat, 6 to 8 p.m.

Fall Gallery Night
Friday, Nov. 4, 5 to 9 p.m. downtown Oconomowoc
www.downtownoconomowoc.org

Oconomowoc's German Christmas Market
Nov. 25-27, downtown Oconomowoc, Village Green
http://www.germanchristmasmarket.org

Christmas Parade
Saturday, Dec. 3, 5 p.m. Downtown

Chili-Fest
Saturday, Jan. 28, 9 a.m. to 5 p.m. Downtown

Oconomowoc Rec Fair
Saturday, March 18, 9 a.m. to 11 a.m. Community Center

Oconomowoc Fire Department Pancake Breakfast

Christmas Parade - This year the parade is at 5 p.m.

Recycle Raccoon and an ice carver at Chili-Fest.